# Bull's Run Summer Newsletter



#### Bull's Run Nature Sanctuary and Arboretum

is a non-profit volunteer organization located in NE Butler County and serving the surrounding community. We are dedicated to preserving the natural area of Bull's Run and strive to develop the park as an environmental facility and educational resource for people of all ages.



June, 2013

#### Two Bridges are Being Reconstructed!

This spring Bull's Run received grants from both the Miriam G. Knoll Foundation and the Middletown Community Foundation to add to the funds the Arboretum has raised over the past 5 years to finally accept a bid to reconstruct 2 aging bridges along our trail system.



Work begins this week on removing two old bridges at the northeast corner of the red trail. Neal Excavating will be managing the project and should complete the work no later than mid-July.



There are still more bridges that will need attention in the near future, so please consider donating to the bridge fund as the work continues.

Thank you for your support and patience.

### Bull's Run Benefits from another Eagle Scout Project!

Casey Mooney of Boy Scout Troop 829 chose Bull's Run Arboretum as the site for his Eagle Project. He decided to tackle the



steps up to the prairie, no small feat. Together with members of the troop, both youth and adults, Casey managed the project of removing the old steps and railroad ties, cutting newer donated RR ties, placing them for steps and filling in with gravel. The project took three days and many man-hours to complete.



Congratulations on a job well done!

#### Watch for a new event in September – Treasures in the Trees

We have already contacted vendors from such companies as Origami Owl, Scentsy, Tastefully Simple and Thirty-One Gifts and several home-crafters and bakers who will participate in a direct sale event at the shelter. Join us on Saturday, September 21 between 2 and 4 pm for some fun.

## Work Days at Bull's Run



Earth Day at Bull's Run Arboretum was one of the sites around the city that benefited from the Middletown EARTH DAY Festival 2013 hosted by Keep Middletown Beautiful at MUM. Over a dozen volunteers helped clean up trash that had collected along the fences and in the woods over the winter. Garlic mustard (an invasive plant species) was pulled before it could go to seed, and young sprouts of honeysuckle were also bagged up. More than 10 large trash bags and at least as many smaller bags were filled with items undesirable in the 11 acres in just 2 hours.

Bud Prenatt and other brave members of the skydiving Team Fastrax dared come to not just one, but two community work days in the woods at Bull's Run Nature Sanctuary and Arboretum. The work they achieved in the two days in the Arboretum was accomplished with great spirit while working. Each group of men were prompt, stayed, listened to whatever directions were given, got their tools and "got 'er done" to quote a man. When we had university students who needed extra guidance and supervision, Fastrax men were right with them supporting them all the way until the students felt comfortable. The members of the team worked diligently, congenially, and cooperatively with anyone who they worked with on whatever project they were asked to complete and they cleaned up and put away tools when they were done, setting a wonderful example of community involvement.





These dedicated volunteers joined others who put in many hours toward bringing the trails back to life for the new season. Many thanks to those who keep returning to maintain the growing sapling nursery, trim





and re-mulch trails, and keep the Arboretum a welcoming natural area.

Another group of 17 volunteers from Zion Lutheran Church put in over 40 man-hours along the trails in late May. It was a blessing to have so many community members giving back to their community and this unique natural resource. Please consider joining them in the fall when the work days resume after the heat of summer.

Nancy Clark

## **Color your Garden with Butterflies**

As a kid I would find a caterpillar, put it in a jar, and give it a leaf to eat. But caterpillars, which later turn into butterflies and moths, are very picky eaters! Each variety of caterpillars likes specific plants called "host plants." The adult butterfly will seek out these plants to deposit her eggs on, so that the newly hatched caterpillar can feast properly. Adults can sense where these plants are through receptors in their feet.

Plant dill, parsley, or fennel to attract the Eastern Black Swallowtail butterflies. Hollyhocks are the host plant for Painted Ladies. Try some Pipevine for the Pipevine Swallowtail.

I like to include milkweed for my favorite, the Monarch butterfly. Plants in the milkweed family are the only plant the Monarch will lay her eggs on. The toxic "milk" inside the leaf the caterpillar eats makes him taste bad. So birds, after tasting their first monarch caterpillar, won't eat another.

The experience of seeing a caterpillar turn into a butterfly is an amazing one! When I find the young monarch caterpillar or even the egg, I cut off the milkweed, put it in a vase of water and place it inside



a covered aquarium. This will protect the little guy from spiders, parasitic flies and wasps, or that bird having his first taste!

During the approximate 10 days of eating, the caterpillar goes through five moltings, where his skin gets too tight and he has to crawl out of it. When the caterpillar becomes fully grown, it wanders off the plant, frantically looking for a good place to hang out. Sometimes it will settle on the aquarium screen and other times it returns to the plant to hang under a leaf.



A strange spider-web-like material comes out of the back of the caterpillar attaching it to a small chosen area. The caterpillar then looks back and lets go, hanging down in the shape of a "J." The tiny stem where it is attached, at the top of the "J," is called the cremaster.

Approximately two days pass and something amazing happens! The antennae appear to go limp and the caterpillar unzips his outer skin completely up his back where it gathers at the cremaster. He then does a "wiggle" dance and throws off the skin tossing it to the bottom of the aquarium! Underneath reveals the emerald green chrysalis. After a few hours of adjusting, the chrysalis takes its final form complete with

beautiful shiny golden dots.

We must patiently wait 10 more days for the butterfly but we are given a clue! On the day of emergence, the outer shell of the chrysalis is clear, with the black and orange butterfly showing through. Cracking through the thin outer shell pops the adult Monarch butterfly! At first, the body is very fat and the wings are small and crinkled. The butterfly must hang freely from the empty clear shell of the chrysalis, pumping the fluid from the newly emerged swollen body into the wings. This takes about half an hour, and then the full size adult must hang and dry.

When the butterfly is completely dry, it will explore around the bottom of the aquarium. You can pick up the monarch by pinching the top of the closed wings. Monarchs are most resilient! Culminating all of your efforts, it is <u>very thrilling</u> to see their first flight! The Monarchs that



emerge in Ohio in late summer will migrate to Mexico. If all goes well on their journey, they may live 8 or 9 months.

#### Bull's Run Arboretum Amur Honeysuckle Eradication

This past winter Linda Mull submitted the following article to Ohio State University Extension Master Gardener for volunteer and service award and Bull's Run was recognized in Butler County as the Master Gardener Project of the Year!

Invasive *amur* honeysuckle has overrun Bull's Run for over 15 years. Due to the receipt of a Natural Resources Conservation Services EQIP grant obtained by Master Gardeners, a concentrated effort has been made to remove honeysuckle from the eleven-acre arboretum over the past three years. This work was all done by hand, either by pulling young honeysuckle or cutting down and daubing the stump. Last fall the densest three acres were addressed. Over an acre of honeysuckle was cut down, stumps were treated, volunteers hauled the brush uphill to be removed, and the remaining two acres of honeysuckle were treated with a foliar spray. This massive undertaking would not have been possible without the help of volunteers over the years, including Butler County Master Gardeners who have cleared honeysuckle, hauled brush, and transplanted native wildflowers into cleared areas, the EQIP grant which paid for labor and materials, and Terry Lavy, who provided his expertise in eradication.



For years volunteers have come into Bull's Run, including scout troops, garden clubs, botany students from Miami University, and local school groups. All have been taught about the need for diversity and the negative impact that invasive honeysuckle has had on Neighbors whose property the Arboretum. abuts the Arboretum have been contacted and educated about the invasive nature of honeysuckle. Walk throughs with community members and displays at National Night Out and other community events have also been used to educate the community at large. Before the final eradication effort this past fall, every neighbor whose property touched the Arboretum was hand delivered material about

the project and was offered the opportunity to have any honeysuckle on their property near our fence line treated with the foliar spray at no cost.

Since the three-acre area was too dense to be hand treated, the Bull's Run Board initiated a search for assistance. Terry Lavy, The Conservationist, offered the best plan, proposing a least invasive program of removing and treating the stumps of honeysuckle in the high visibility areas and using a foliar spray to kill the remaining honeysuckle. This would still provide cover for smaller trees and shrubs that are struggling to emerge and would give us an opportunity to replant the area gradually while preventing other invasives from overrunning the acreage. Terry cut and treated, and a volunteer cadre hauled massive amounts of honeysuckle uphill so city workers could remove it from the Arboretum. Paths had to be created through some of the densest honeysuckle, and grape vine that had overgrown the honeysuckle was cut so it would wither. Special care was taken to ensure that the desirable trees in the area had already gone dormant before the foliar spray was applied. As native trees dropped their seeds last fall, a tremendous effort was made to gather them and distribute them into the recently treated area. The nursery area at the Arboretum has been gradually expanded, and small seedlings and understory shrubs have been started in it. They will be transplanted as they mature. Master Gardeners have been instrumental in all aspects, including replanting and transplanting. These volunteer hours have also counted towards Middletown's Tree City Award.

The honeysuckle removal positively impacts the Arboretum and the community in several ways. People who have not been in the Arboretum in the past few years notice immediately, commenting that things are "opened up." The understory of the Arboretum is healthier. Native plants have an opportunity to survive as the invasive monoculture is eliminated. The Arboretum is safer for community members as they are able to see through the Arboretum when they come to visit. The native wildflowers that have been transplanted into the Arboretum are better showcased. With an emphasis in responsible land stewardship in the Arboretum, hopefully community members will begin to see the benefits of native planting as opposed to encouraging invasives on their own properties.

Over the past three years, many people have been responsible for the efforts removal. in honevsuckle Community volunteers, scout troops, school groups, botany students from Miami University, naturalist Barb Reuss, former land steward Jeff McMullen, Master Gardeners, and Terry Lavy have all collaborated in the ongoing efforts to achieve this massive undertaking. Efforts continue to remove the small patches of honeysuckle that remain and to eradicate regrowth from honeysuckle that still stands on some neighbors' properties. Without the EQIP grant, we would not have been able to pay for Terry's service and chemicals.



Through continued work days, educational Nature TOTS program, wildflower walks, tree identification classes, club visits, and Master Gardener diagnostic programs such as we hosted last year, we hope to continue to educate the community regarding the importance of removing invasive plants from Bull's Run Arboretum and Armbruster Nature preserve in the future as our non-profit budget allows.

# Congratulations to Bull's Run and THANK YOU to everyone who made this project a success!

## Fifth Annual Prairie Plant Seminar and Tour

HOT! HOT! HOT! Don't miss this year's "Bulls Run Tall Grass Prairie" tour. See, smell and touch our prairie grasses and wildflowers. Local volunteer and "backyard naturalist", John Whittington will again lead our fifth annual prairie tour on Sunday, August 18, beginning at 2 PM. (John most recently co-presented our second Winter Tree Identification Class.) Meet in the shelter for an entertaining Prairie Seminar, to be followed by a tour of the Bull's Run Prairie. Cameron and John have visited many SW Ohio prairie sites and will share their observations. Bull's Run has an impressive collection of prairie plant species...right here...that you might otherwise have to travel to in order to see.



Learn a little, see a lot and have a fun afternoon at the prairie. Dress for the weather. In August, prairie weather is supposed to be HOT! A hat, sunglasses, insect repellant and a water bottle are good ideas. Cameras are welcome! Rain or shine, the tour goes on, but not in a storm. Join our "backyard naturalists" and learn a little nature at Bulls Run. Questions: call John at 513-423-2081.

John Whittington

#### <u>Memberships and Memorials for 2013 received since the March Newsletter</u> Thank you to everyone who has supported Bull's Run Nature Sanctuary and Arboretum in

2013. As of June 11, 2013

Loren E. Ackerman Jan and Laird Becker W. Joyce and Gerald L. Bradley Alice Bradshaw In loving memory of Jill Marie Taylor Wilbur and Miriam Cohen Corbett Cox Joe and Carolyn DiStaola Bernard and Glenna Fisher In loving memory of Jacob Beachy Gene and Jane Fisher Tom Fye Gary and Lynn Getter Scott and Cindy Grau In loving memory of Virginia Christy **Richard Haller** In loving memory of June Haller Mary Hensel In honor of Barb Reuss LaVerne Hopper In loving memory of Dick Hopper Katherine Lawson Steve and Rose Longworth David and Barbara Martin

**Debbie McGuire** In loving memory of Andy and Marian Kopp and Ed Simpkins Ted and Marcia Miller Middletown Garden Club In loving memory of June Haller **Richard and Virginia Palmer** Kenton Pate Pamela Pearson Bruce and Glenda Peters In loving memory of Bandit Thomas and Angela Retzios In loving memory of Lazaros Mark and Colleen Richards Neil and Betty Richmond Frances Sedge **Dorothy Sherron** Glen and Joan Shivers Gary and Jennifer Shupe Nancy Strait Heath E. Valentine In loving memory of Mary Valentine Mary Lou Williams Steve and Lisa Wilson Wilson Schramm Spaulding

# **Additional Contributions**

### **Facilities/Bridges**

Education

Bruce and Glenda Peters

Loren E. Ackerman Debbie McGuire Mary Lou Williams

# Consider a Donation to the BRNSA Endowment Fund

In 2010, a generous donation to honor Ed and Rose Grau's 50<sup>th</sup> wedding anniversary established the Bull's Run Endowment Fund, managed by the Middletown Community Foundation. Since then, several contributions, either as donations or end-of-life decisions to include Bull's Run in their will, have added to the fund. With these generous gifts we are inspired, energized, and committed to continue to teach children and the community at large, protect and enhance wildlife habitat through land stewardship, and make the public aware of the importance of the work at hand. Many have made memorial contributions that have benefited Bull's Run, either realized as plantings, memorial benches or toward the bridge rebuilding project. Please consider Bull's Run in your future plans. Thank you.



# Another Great Garage Sale!

What do you get when you mix fantastic volunteers, a great crowd (despite the wet weather), antiques, plants, books, linen, prints, household items and bicycles? An excellent way to make new friends and some funds to support Bull's Run Arboretum. Ed and Rose Grau once again opened their home providing us the opportunity to invite people to visit Bull's Run and bring in some needed money. Proceeds from the sale were nearly \$2500!

"Wow, what a garage sale!" Thank you to the Graus for their longtime confidence and generous support and to all

the participants, donors, buyers and volunteers!

## Kroger Community Rewards

You can help Bull's Run by enrolling in Kroger's Community Rewards program at <u>www.kroger.com/community/Pages/community rewards.aspx</u>. Please type in Bull's Run or our organization # 83005. This will not affect your fuel rewards. If you enrolled prior to April, please renew on-line today for the current annual cycle that began May 1. Your participation is making a difference and Bull's Run is receiving checks quarterly from this program. Thank you.

## Nature Tots

Spring Nature Tots explored the arboretum as it woke up from a long winter nap. The early sessions turned out to be warmer than some of the later sessions, and enjoyed all the more. For those families that have participated in Nature Tots throughout the past years, please join me for a reunion once a month during the summer to see the changes the season brings. Bug repellant and water bottles are strongly recommended. (See Calendar of Events on pg. 8)

Nancy Clark

# Thanks to all who help keep Bull's Run an important asset of the community!

- > James Mays of Sunbelt Rentals for the bobcat arrangements to make trail mulching easier.
- > Ernie Sturgill for his ideas, support and re-siding the shed.
- Rose and Ed Grau for hosting the garage sale, our biggest fundraiser event, receiving garage sale items and phone calls at all hours as well as cleaning up donations. Displaying everything as you would find it in a store. Writing and delivering the newspaper ad and putting up and taking down all the signs. Pleasantly greeting everyone both days of the sale, while having their yard looking immaculate!
- > Everyone who donated items for the Garage Sale!
- > All of the Garage Sale workers and helping to make the garage sale a huge success!
- Bob and Gibby Wise, Marge Kochunas, Barb Reuss and Ann Stoutenborough for plants for our garage sale
- > Jeff McMullen of Denny Lumber for providing a large tent for our plant sale.
- Miami University Bachelor of Integrated Studies students for their dedicated efforts.
- Nature TOTS and land stewardship volunteers for time, effort and cheerfulness.
- > Jennifer Chen for many volunteer hours dedicated to writing the grants for the bridges.
- > The Middletown Garden Club for caring for the entrance planter.
- Board members, neighbors and visitors who report damage to the natural and man-made resources at the arboretum.
- Everyone who has contributed to Bull's Run Nature Sanctuary and Arboretum with their time, resources, and monetary donations. We truly appreciate your support!

Together we are making a difference!

# Mark your Calendars for Upcoming Events at Bull's Run

#### For more information please visit our website www.bullsrun.org

June 20 Thursday 10:30 am. Nature TOTS Reunion. July 18 Thursday 10:30 am. Nature TOTS Reunion. August 6 Tuesday 5-9 pm. Join us for National Night Out at Sunset Park Visit our booth for a close-up look at nature August 15 Thursday 10:30 am. Nature TOTS Reunion. August 18 Sunday 2:00 – 3:00 pm Fifth Annual Prairie Seminar & Tour September 14 Saturday 9:30 am – 1pm Work Day September 21 Saturday 2-4 pm Treasures in the Trees – A wide variety of direct sale vendors will have their wares, homemade crafts and food items for sale at the shelter September 28 Saturday 9:30 am – 1pm Work Day October 2 Wednesday, 10-11 am or 12:30-1:30 pm Nature TOTS! – Fall session begins

Contact Barb Reuss, Naturalist, to speak to your organization or for a program at Bull's Run. Contact her at naturalist@bullsrun.org. Visit our website, <u>www.bullsrun.org</u>

Bull's Run Nature Sanctuary and Arboretum is one of Middletown's green jewels. The organization responsible for maintaining the 11-acre natural area is led by a volunteer **Board of Directors**. If you are interested in joining us in keeping Bull's Run a jewel, **please** fill out the enclosed form and let us know of your interest. THANK YOU!

# Bull's Run Photo Gallery

