

Bull's Run Newsletter Summer 2023

Bull's Run Nature Sanctuary and Arboretum is a non-profit volunteer organization located in NE Butler County and serving the surrounding community. We are dedicated to preserving the natural area of Bull's Run and strive to develop the park as an environmental facility and educational resource for people of all ages.



Stepping Into Summer

As summer arrives, the Arboretum is a green oasis as flora fully leafs out for the season. The bright blooms enjoyed on our spring wildflower walks have given way to lush green foliage, and we will be exploring our prairie in August with our Prairie Walk. You can see the results of the dedicated work of our volunteers at spring park work days as we removed invasive species like bush honeysuckle and garlic mustard, and planted native seedlings to encourage new growth. At our Earth Day Work Day we had 32 fantastic volunteers from different community groups out at Bull's Run doing conservation work and having fun!





Our Nature TOTS had an exciting spring session learning about butterflies and other pollinators, spreading wildflower seeds in the prairie, and even meeting some furry and scaly friends! We are looking forward to our summer session where we will explore the wonderful world of water, trees, creepy crawlies, and more. And we are ecstatic that the MidPoint Library Bookmobile will be joining in the fun this session. We hope to grow our group even more with each session! Remember this is a FREE program to all our current 2023 Family Membership Summer TOTS will take place on Sunday afternoons in August from 2:00p to 3:30p on 8/6, 8/13, 8/20, and 8/27. Make sure email naturalist@bullsrun.org to register your child(ren) today!

New Bull's Run Nature Sanctuary and Arboretum Contributions Received since the Spring 2022 Newsletter

Memberships

Loren Ackerman

Tom and Sally Brickey

Ron and Barbara Conley

Chris and Danielle Cottle

Richard Davies

Pete and Peggy Dobrozsi

Kathleen Dobrozsi Romans

Nita Driscoll

Ruby Elam

Chris and Linda Fiora

Steve and Nannette Hess

Carolyn Keiffer

Ray and Jean Anne Kiefhaber

Brad and Marge Kochunas

Bill and Ellen Kukuk

Steve and Rosemary Longworth

Paulette McCandless

Mary Lou McCormick

Michael and Katie McNeil

Ted and Marcia Miller

Imogene Orts

Nicole Owens

Betty Patterson

Pamela Pearson

Jennifer Ridge

Jack and Linda Schaefer

Cindy Schmitt

Glen and Joan Shivers

Suellyn Shupe

Greg Siewny

Lisa Spring

Additional Contributions

Alpha Kappa Alpha Sorority

Ron and Barbara Conley

Kathleen Dobrozsi Romans

Chris and Linda Fiora

Carolyn Keiffer

Ray and Jean Anne Kiefhaber

Kohls

Kroger

Light Up Middletown

Steve and Rosemary Longworth

Mary Lou McCormick

Middletown Community Foundation

Imogene Orts

Jennifer Ridge

Middletown Community Endowment

Loren Ackerman

Paulette McCandless

Glen and Joan Shivers

Suellyn Shupe

Memorials

In loving memory of Robert A. Driscoll

Nita Driscoll

In loving memory of Alycia Lee and Kim Elam

Ruby Elam

In loving memory of Dick Hopper

LaVerne Hopper

In loving memory of Marilyn Brewer

Bill and Ellen Kukuk

In loving memory of Anne Berns

Ted and Marcia Miller

In loving memory of Mike Lehman

Lisa Spring

These memberships were received between 3/2/23 and 5/31/23. If our records do not reflect your records, please notify us and we will be sure to include you in our next newsletter where we list new contributions to Bull's Run Nature Sanctuary and Arboretum. Thank you for your support.

Note from the Naturalist



The summer sun heralds a new season of outdoor exploration, and while we amble through nature and encounter numerous wonders, we may also pick up some unwanted company.

Ticks are tiny, parasitic arachnids that make many of us squirm a little as we think of diseases they can carry like Lyme disease and Rocky Mountain spotted fever. These itty-bitty bugs can be found in wooded areas, tall grass and shrubs. Ticks are a favorite food source for wild turkeys and other ground birds like grouse. A strong and important link in the food chain, ticks take nourishment from larger host animals high in the food chain and transfer that down to lesser organisms. But we do not want to be that source of nourishment!

So when you are planning to spend time outdoors this summer, it's important to know how to avoid getting bitten by ticks. And though not all ticks carry diseases, their bites can give you an allergic reaction.

But with a little preparation, we can avoid picking up these critters. Ticks cannot jump onto you, but rather hitch a ride as you walk past them dangling off a twig or blade of grass.

So be prepared! Wear light-colored clothing so ticks can be spotted easily. Know where ticks are found and use caution when walking through tall grasses. Apply a bug repellant—many are designed specifically for ticks. Perform a tick check whenever you have been outdoors. And stay on marked, cleared trails when hiking in places like Bull's Run.

If you do pick up an unwanted hitchhiker and it attaches to you, use tweezers to carefully remove the tick from as close to the skin as possible to ensure that you get the head. Once it is off, you can take the tick to your local Health Department to test for diseases if concerned. Lyme and other tick-borne diseases are curable with antibiotics if caught early. So enjoy the outdoors knowing you are prepared!



Note from the Naturalist Intern

Over the past 6 months, I have had the incredible opportunity to intern with Bull's Run. Since January, I have been able to assist the naturalist with the Nature Tots programs in the winter and spring and join the BRNSA crew for public events like educational nature walks. I have also updated the Bull's Run informational brochure.

Bull's Run gave me the ability to learn more about the land we live on and to help teach these natural wonders to the next generation. Working alongside people who have made conservation and education their life's work has inspired me to continue with environmental education. Though I am sad to be ending my internship with Bull's Run, I am excited to explore the world of conservation further.

-Alex Nix





Interested in an internship or job shadow opportunity? Contact us at naturalist@bullsrun.org!

Thanks to all who help keep Bull's Run an important asset of the community!

- ❖ Thanks to all of our Park Work Day volunteers for keeping Bull's Run beautiful!
- ❖ Thanks to Josh Proffitt for removing invasive Tree of Heaven saplings.
- * Thanks to Travel Butler County for highlighting Bull's Run in their Sustainability series
- **❖** Thanks to those who shop at Kroger and have enrolled in their community rewards program, listing **Bull's Run Nature Sanctuary and Arboretum organization # MX093.**
- ❖ Thanks to everyone who "likes" us on Facebook and shares events.
- ❖ Thanks to the Episcopal Church of Ascension for their all-around support.
- ❖ Thanks to Aaron Grant for maintaining our website.
- ❖ Thanks to all Board members for their enduring support!
- ❖ Thanks to all of our wonderful 2023 members, we truly appreciate your support!

2023 Membership Form can be found on the website <u>www.bullsrun.org</u> or on pg 6 Together we are making a difference!

More Ways To Get Involved with Bull's Run!

WE NEED BOARD MEMBERS! Our volunteer board members are vital to continuing the work of Bull's Run. If you care about our mission, please consider joining us! Serve on the volunteer Board of Directors as:

<u>Recording Secretary</u> Take notes at the board meetings (currently via Zoom) and assist with communications among board members.

Treasurer Create Treasurer reports on BRNSA financials to share with other board members.

<u>Member at Large</u> Serve as general board member, offering suggestions for programming and helping to execute the various events held throughout the year.

Contribute time, talent or materials:

<u>Volunteer on a Workday</u> with your own yard tools, or using some of ours, to help prepare the trails for tours, control invasive species or add to the diversity of plants. Individuals and groups welcomed.

<u>Take pictures of your visit to Bull's Run</u> and post them on our Facebook page or your own Instagram account. Bull's Run Nature Sanctuary and Arboretum is still one of Middletown's little-known gems of nature. Help us spread the word!

Kroger Community Rewards Program:

Kroger Community Rewards makes fund-raising easy...all you must do is shop at Kroger and swipe your Plus Card! When you enroll, please choose Bull's Run Nature Sanctuary and Arboretum under Community Rewards. This will not affect your fuel rewards in any way. Our new organization number is MX093. If you have enrolled in the past, your account has already automatically changed the number for you.



Membership Form 2023

Tax deductible

<u>Our Mission Statement</u>
Bull's Run Nature Sanctuary and Arboretum is a non-profit volunteer organization located in NE Butler County and serving the surrounding community. We are dedicated to preserving the natural area of Bull's Run and strive to develop the park as an environmental facility and educational resource for people of all ages.

\$40 Family (printed newsletter)	\$30 Family (e-newsletter)
\$30 Individual (printed newsletter)	\$20 Individual (e-newsletter)
\$ Additional Fundraising contribution	, ,
\$ Contribution to the Endowment Fund with Mide	dletown Community
\$ Contribution in Honor/Memory of:	·
Please send an acknowledgement of memorial donation to:	Name
Total Enclosed \$ Check #	Address
(Membership also payable on website)	
NamePhone#()	
AddressEmail	
naturalist@bullsrun.org. For event informa	ur group, Contact President, Nancy Clark at 513-368-3233 or email ation visit www.bullsrun.org or our Facebook page. O. Box 425, Middletown, OH 45042-0425









Mark Your Calendars For Upcoming Events

July

Saturday, July 8, Summer Tree Walk, 10:00 am - 11:30 am

<u>August</u>

Sunday, August 6, **Summer Nature TOTS**, 2:00 pm – 3:30 pm

Saturday, August 12, Prairie Walk, 10:00 am - 11:30 am

Sunday, August 13, **Summer Nature TOTS**, 2:00 pm – 3:30 pm

Sunday, August 20, **Summer Nature TOTS**, 2:00 pm – 3:30 pm

Friday, August 25, Campfire Stories with a Naturalist, 7:00 pm (and Midpoint BookMobile!)

Saturday, August 26, Work Day, 9:30 am - 1:00 pm

Sunday, August 27, **Summer Nature TOTS,** 2:00 pm – 3:30 pm

September

Saturday, September 9, **Work Day**, 9:30 am - 1:00 pm Saturday, September 23, **Work Day**, 9:30 am - 1:00 pm Sunday, September 24, **Fall Family Festival**, 2:00 pm - 4:00 pm





For more information, please visit our website <u>www.bullsrun.org</u> or Facebook page Contact Bull's Run at <u>naturalist@bullsrun.org</u>, to schedule a tour or service project, or speak to your organization or for a program at Bull's Run